

COLLEGE OF NURSING AND HEALTH SCIENCES

Bachelor of Science in Kinesiology (Athletic Training)

Recommended 4-Year Curriculum

FRESHMAN YEAR

| Fall Semester | | | Credit Hours | Spring Semester | | | Credit Hours |
|------------------------------------|-------|-------------------------------|--------------|------------------------------------|-------|---------------------------------|--------------|
| ENGL | 1301* | Grammar & Composition I | 3 | KINE | 2337 | Care & Preven. of Ath. Injuries | 3 |
| MATH | 1342* | Stats I | 3 | ENGL | 1302* | Grammar & Composition II | 3 |
| BIOL | 1306* | Gen. Biol. I | 3 | BIOL | 1307* | Gen. Biol. II | 3 |
| BIOL | 1106 | Gen. Biol. I LAB | 1 | BIOL | 1107 | Gen. Biol. II LAB | 1 |
| ALHS | 1300 | Personal & Community Wellness | <u>3</u> | STEM* | _____ | *Math recommended | <u>3</u> |
| Total Semester Credit Hours | | | 13 | Total Semester Credit Hours | | | 13 |

| Summer Semester | | | Credit Hours |
|-----------------|------|---------------------|--------------|
| POLS | 2305 | American Government | <u>3</u> |
| POLS | 2306 | Texas Politics | <u>3</u> |

Total Semester Credit Hours 6

SOPHOMORE YEAR

| Fall Semester | | | Credit Hours | Spring Semester | | | Credit Hours |
|------------------------------------|-------|-----------------------------|--------------|------------------------------------|-------|----------------------------------|--------------|
| HIST | 1301 | U.S. History I | 3 | BIOL | 2302 | Anatomy & Physiology II | 3 |
| BIOL | 2301 | Anatomy & Physiology I | 3 | BIOL | 2102 | Anatomy & Physiology II Lab | 1 |
| BIOL | 2101 | Anatomy & Physiology I Lab | 1 | _____ | _____ | *Language, Philosophy, & Culture | 3 |
| _____ | _____ | *Creative Arts | 3 | _____ | _____ | *Social/Behavioral Science | 3 |
| _____ | _____ | *SPCM1315 | 3 | HIST | 1302 | U.S. History II | 3 |
| KINE | 3102 | Clinical Experience in AT I | <u>1</u> | KINE | 3103 | Clinical Experience in AT II | <u>1</u> |
| Total Semester Credit Hours | | | 14 | Total Semester Credit Hours | | | 14 |

JUNIOR YEAR

| Fall Semester | | | Credit Hours | Spring Semester | | | Credit Hours |
|------------------------------------|------|----------------------------------|--------------|------------------------------------|------|----------------------------------|--------------|
| KINE | 3303 | Motor Development | 3 | HECC | 4308 | Ethics | 3 |
| KINE | 3334 | Biomech. & Anat. Kines. | 3 | KINE | 3311 | Physiology of Exercise | 3 |
| KINE | 3135 | Biomech. & Anat. Kines. Lab | 1 | KINE | 3112 | Physiology of Exercise Lab | 1 |
| KINE | 3306 | Fitness Assessment Skills | 3 | KINE | 3342 | Therapeutic Modalities | 3 |
| KINE | 3301 | Assess. Injuries: I Low. Extrem. | 3 | KINE | 3302 | Assess. Injuries: II Up. Extrem. | 3 |
| KINE | 4101 | Clinical Experience in AT III | <u>1</u> | KINE | 4102 | Clinical Experience in AT IV | <u>1</u> |
| Total Semester Credit Hours | | | 14 | Total Semester Credit Hours | | | 14 |

| Summer Semester | | | Credit Hours |
|-----------------|-------|-----------------|--------------|
| _____ | _____ | +Cognate Course | 3 |
| _____ | _____ | +Cognate Course | <u>4</u> |

Total Semester Credit Hours 7

SENIOR YEAR

| Fall Semester | | | Credit Hours | Spring Semester | | | Credit Hours |
|-----------------------------|-------|---------------------------------|--------------|-----------------------------|-------|--------------------|--------------|
| _____ | _____ | +Cognate Course | 3 | HECC | 4371 | Internship | 3 |
| KINE | 4304 | Endurance | 3 | KINE | 4305 | Strength and Power | 3 |
| KINE | 3132 | Hum. Motor Control & Learn. Lab | 1 | KINE | 4321 | Sports Nutrition | 3 |
| KINE | 3331 | Human Motor Control & Learn. | 3 | _____ | _____ | +Cognate Course | <u>3</u> |
| HECC | 4370 | Internship | <u>3</u> | | | | |
| Total Semester Hours | | | 13 | Total Semester Hours | | | 12 |

Total hours must equal at least 120 hours

NOTES:

*See UT Tyler Core Curriculum for full list of approved course(s).

+Consult with your advisor for additional information on degree requirements and schedule planning. *Additional GPA requirements are maintained within Athletic Training, and must be met to pursue this option within your Kinesiology degree. Students must meet with Head Athletic Trainer (in addition to Academic Advisor) and must meet additional admissions requirements to pursue this option.*

This is only a recommended outline. Because degree requirements do change, you should consult an advisor as well as the University Catalog, which is the only official document regarding baccalaureate degree requirements. The final responsibility for the selection, scheduling, and satisfactory completion of the degree requirements rests with the student.